

Every life is unique; therefore, every person's pain and struggle is unique. I choose to accept that my issues and my pain cannot be compared to those of another.

I acknowledge that total commitment to the *Keys to Freedom* study is required to discover the healing and freedom that I desire. Therefore, I choose to commit to complete each week's study prior to the group meetings. I choose to make all group meetings a priority to attend. I choose to fully participate in group meetings, whether sharing aloud and/or participating mentally and emotionally.

I commit to being honest with myself and with my group, my Group Facilitator, and God. I accept that I have to be honest and authentic to be able to apply God's truth that will set me free.

I commit to uphold confidentiality and respect of other group members. I will not repeat anything I hear about someone else's life.

I commit to not give any judgment, criticism, or evaluation of another participant. Each participant should be able to communicate his or her own thoughts and feelings without interruption or judgment.

I choose to be expectant for what God desires to do in me during this study, and I commit to approach my time with Him with an open heart.

SIGNATURE	DATE	
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